



保健、衛生及醫藥守則 Health、Hygiene、Medical Care Policy

1. 嚴格遵守各項保健規章文件規定維護健康。
All employees must comply with all Health, Hygiene, and Medical Care Regulations.
2. 嚴格遵照各項保健、衛生及醫藥作業程序。
All employees must comply with all Health, Hygiene, and Medical Care Procedures.
3. 按時填報保健記錄文件，妥為建檔保管以利追溯。
All employees must provide personal health records and updates as required.
4. 每日保持愉快心情、規律生活。
Employees shall strive for positive and pleasant attitudes at work as in life.
5. 嚴格遵守「毒品及酒精管理政策」規定保持頭腦清醒。
All employees must comply with 「Drug and Alcohol Policy」 to maintain a clear mind.
6. 僅在指定吸煙區抽煙以免影響他人健康。
Smoking is only allowed in designated areas for the sake of others' health.
7. 勵行整理整頓活動，美化環境。
Always maintain a clean and neat living area and help build a beautiful a environment.
8. 不分伙，維護充份營養及體力。
Do not share the saving of the food allowance ; They have been designed to help maintain a healthy diet.
9. 講究安全規定，確保身體健康免受傷害。
Observe all safety regulations, maintain healthy diet and exercise, and protect yourself and others from injury.

ASS. Vice President C.C. Lai
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